

## **FACIAL SPECIALIST PROGRAM - SC - (225 HOURS)**

### **PROGRAM DESCRIPTION:**

This comprehensive facial specialist program will prepare students with an extensive understanding of the anatomy and physiology of the skin as well as providing students with the techniques to provide safe and effective skin care treatments. Students will be taught to recognize skin dysfunctions and be equipped to treat common skin issues like acne or melasma while understanding when to refer client to their medical provider. Class lessons are structured with a good balance of classroom and lab hours with focus on professionalism and cleanliness in both settings. Instruction topics include make up artistry, hair removal, product chemistry, sanitation, electrotherapy, lash and brow tinting and lash application. The program allows adequate time to practice manual skills and techniques on an array of clientele in order to perfect skills and be confident to enter the workforce.

### **PROGRAM OBJECTIVES:**

- Student will be able to identify career opportunities available in the facial specialist field of practice
- Students will maintain safety in both personal and work environments while abiding by the rules and regulations of management in the job place.
- Student will demonstrate sanitary, safe and appropriate practices while performing skin care services on clients. Students will further practice skin care in a professional manner with clear communication within their scope of practice.
- Student will gain a good understanding of skin anatomy and physiology as well as skin care treatment techniques to appropriately provide clients with effective and safe skin care treatments.
- Student able to explain the importance of employability skills as well as demonstrate skills in entrepreneurship
- Student demonstrates leadership as well as teamwork skills in order to accomplish team goals and objectives
- Student verbalizes future business plan regarding money management concepts, procedures and strategies upon completion of program
- Student demonstrates ethical behavior and professionalism with colleagues in the classroom and clients in the treatment spaces
- Student demonstrates ability to use technology to help productivity in the work place
- Student demonstrates critical thinking skills to problem solve when presented with a dilemma
- Student demonstrates professionalism and effectiveness with both oral and written communication
- Student demonstrates confidence, appropriateness, and effectiveness while performing facials, massage techniques, make up application, hair removal, and artificial lash application.
- Student will demonstrate appropriate procedures and safe applications of chemicals when applied.

### **PROGRAM BREAKDOWN BY COURSE**

COURSE NUMBER	COURSE TITLE	LECTURE HOURS	LAB HOURS	ONLINE HOURS	TOTAL HOURS
SC 101	Skin Theory, Disease and Disorders	67			67
SC 102	Facial Techniques and Contraindications	34	16		50
SC 103	Manual Extractions		6		6
SC 104	Clinical Education		30		30
SC 105	Product Chemistry	8			8
SC 106	Sanitation	8	2		10
SC 107	Hair Removal	5	10		15
SC 108	Make Up	1	10		11

SC 109	Basics of Electrotherapy and devices	2	1		3
SC 110	Lash and Brow Tinting		2		2
SC 111	Eyelash application		12		12
SC 112	Florida Laws and Rules	4			4
SC 113	Ethics	2			2
SC 114	HIV AIDS Education			3	3
SC 115	Business and Professionalism			2	2
		LECTURE HOURS	LAB HOURS	ONLINE HOURS	TOTAL HOURS
	<b>TOTAL</b>	<b>131</b>	<b>89</b>	<b>5</b>	<b>225</b>

**PROGRAM COURSE DESCRIPTION:**

**SC 101 Skin Theory, Disease, and Disorders (67)**

Students will gain knowledge and understanding in the following topic areas:

- History of Esthetics
- Anatomy and Physiology of the Skin
- Physiology and Histology of the Skin
- Skin Disease and Disorders
- Skin Analysis
- Skin Care Products
- Special Considerations for Treatment

**SC 102 Facial Techniques and Contraindications (50)**

Students will gain knowledge and understanding in the following topic areas:

- Facial Treatments importance, benefits, skills, and sequencing
- Treatment room set up, ambiance, professionalism, supplies, cleanliness, universal precautions
- Contraindications to skin treatments
- Specialty facial treatments
- Massage techniques for face, décolleté, neck, and upper extremities
- Manual Lymph Drainage of the face and neck

**SC 103 Manual Extractions (6)**

- Student will demonstrate accurate skin analysis to decipher when it is appropriate to perform manual extractions. Students will learn proper techniques in order to safely and effectively treat and remove comedos and milia.

**SC 104 Clinical Education (30)**

- Students will participate in hands on lab work where they practice on a variety of clientele as well as receive like treatments under school guidance and supervision. Students will perform facials, both mechanical and manual, as well as utilize masks and facial techniques on a variety of skin types including normal, oily, dry, combo, problem, and mature skin.

**SC 105 Product Chemistry (8)**

- Students will gain an understanding of product ingredients, agents and the chemical interactions used in skin care

**SC 106 Sanitation (10)**

- Students will learn proper sterilization and sanitation techniques of equipment, tools and treatment area

### **SC 107 Hair Removal (15)**

- Students will learn a variety of techniques to effectively perform hair removal including use of soft and hard wax techniques. Hair removal techniques will include tweezing, waxing, threading, and sugaring.

### **SC 108 Make Up (11)**

- Students will learn and demonstrate make up applications for both daytime and nighttime looks

### **SC 109 Basics of Electrotherapy and Devices (3)**

- Students will learn the basics of electrotherapy, appropriate electrotherapy devices used in the esthetic setting as well as safety, precautions and contraindications related to use. Students will also demonstrate knowledge of proper set up, use and maintenance of electrical devices.

### **SC 110 Lash and Brow Tinting (2)**

- Students will learn how to perform lash and brow tinting

### **SC 111 Eyelash Application (12)**

- Students will be educated in the application and removal of false eyelashes for both individual lashes and semi-permanent lashes

### **SC 112 Florida Laws and Rules (4)**

- This course will provide an overview of the various rules and regulations pertaining the practice within the state of Florida.

### **SC 113 Ethics (2)**

- The Professional Ethics course outlines everything you need to know about ethics in the bodywork profession including professionalism, roles and boundaries, and ethical business practices.

### **SC-114 HIV AIDS Education (3)**

- HIV/AIDS Education course will further your knowledge of HIV/AIDS and provide valuable information on how to protect yourself and your clients from exposure to HIV.

### **SC-115 Business and Professionalism (2)**

- This course will help students begin business planning for a career in esthetics. Students will learn how to create a resume as they ready themselves to enter the spa industry. Students will also learn how to use technology to promote themselves. Professionalism will be taught to further strengthen each student's skill set and contribute to their success in the esthetic workforce.